

HR Bldg. 185/185A Job Risk Assessment Lifting and Bending

Name(s) of Risk Team Members: L. Barone, P. Esposito, D. Hubert, N. Bernholc	Point Value → Parameter ↓	1	2	3	4	5
Name(s) of Specific Application Risk Team Members:						
Job Title: Lifting and Bending	Frequency (B)	≤once/year	≤once/month	≤once/week	≤once/shift	>once/shift
Job Number or Job Identifier: JRA-HR-Lifting and Bending						
Job Description: Working with files, file drawers and boxes.	Severity (C)	First Aid Only	Medical Treatment	Lost Time	Partial Disability	Death or Permanent Disability
Training Procedures List (Optional): Applicable Standard Operating Procedures:	Likelihood (D)	Very Unlikely	Unlikely	Possible	Probable	Multiple
Approved by: Wm Hempfling Date: September 25, 2006 Rev. #: 0						
Stressors (if applicable, please list all)		Reason for Revision (if applicable):			Comments:	

			Before Additional Controls						After Additional Controls							
Activity	Hazard	Control(s)	Stressor	# of People A	Frequency B	Severity C	Likelihood D	Risk* AxBxCxD	Control(s) Added to Reduce Risk	Stressors	# of People A	Frequency B	Severity C	Likelihood D	Risk* AxBxCxD	% Risk Reduction
Pulling out heavy file drawers	Neck and back strain	Ergonomic work station reviews	n	1	5	3	3	45								

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Activity	Hazard	Control(s)	Before Additional Controls						Control(s) Added to Reduce Risk	After Additional Controls						% Risk Reduction
			Stressor	# of People A	Frequency B	Severity C	Likelihood D	Risk* AxBxCxD		Stressors	# of People A	Frequency B	Severity C	Likelihood D	Risk* AxBxCxD	
Bending to pull out lower drawers	Lower back strain	Back safety training, limit storage	n	1	5	3	3	45								
Lifting of filled boxes	Back strain	Back safety training, limit storage per box, use of hand trucks	n	1	3	3	3	27								

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*Risk:	0 to 20	21 to 40	41-60	61 to 80	81 or greater
	Negligible	Acceptable	Moderate	Substantial	Intolerable

Further Description of Controls added to Reduce Risk:

Lessons Learned from this Risk Assessment; Improvements, Positive Feedback: